

The Rotary Club of West Beach Bulletin

Meetings: 6.30 pm each Tuesday at Westward Ho Golf Club, Military Road, West Beach



Club Number: 22406

Website: kidmanparkrotary.org



CoPresidents

Ed King

Email: kinged373@gmail.com

David Simpson

Email: dsimpso5@gmail.com

Club Secretary: Wayne Comley

Email: waynecomley@icloud.com

Rotary International President:

Olayinka Hakeem Babalola,
(2026/27)

District Governor 9510: Tim Mee
(Rotary Club of Morialta)

Rotary Community Leader - G4:
Rick Henke

(Rotary Club of Salisbury)

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Year 2026/27



CREATE LASTING IMPACT



Meeting No: 2088

**Tuesday 22th September
2026**

**Guest Speaker: Henry
Cowell (Ambulance SA)**

**Topic: Using a
Defibrillator**

Meeting Duties

**Furniture: Steve Redden
Grant Price**

Attendance: John Christo

Welcome: Ian Roberts

Chairperson: David Simpson

**Guest Speaker Intro: Carolyn
Palmer**

Joker Draw: Kevin Mullins

Apologies & Guests: Please advise **John Christo**

Mobile 0417 800018

Email: jecmail01@gmail.com

by 12.00 Noon Monday.

WBRC Facebook Moderator: Type to enter text **Karen Feind**
www.facebook.com/KidmanParkRotaryClub

Bulletin Editor: Paul Denley

Email: denleyp@gmail.com



PDG Jeff Neal, luckily for us attending our meeting, stepped into the breach, when our guest speaker couldn't attend the meeting due to family illness at the last second!

Australian Rotary Health – Funding Possibility and Changing Lives

The presentation provided an inspiring overview of Australian Rotary Health, its 45-year history and its continuing commitment to funding research and developing the next generation of health professionals.

Jeff explained that Australian Rotary Health began in 1981, when the Rotary Club of Mornington in Victoria, led by Ian Scott, asked what could be done to address the devastating problem of Sudden Infant Death Syndrome (SIDS). Their decision to fund research contributed to an 80% reduction in SIDS and established the model that Australian Rotary Health continues to follow today: funding possibility by supporting people and ideas at an early stage.

Over 45 years, Rotary has raised approximately \$56 million, supporting 741 research grants, fellowships and PhD scholarships, as well as 874 scholarships in rural medicine, rural nursing and Indigenous health. More than 1,600 scholarships have been provided in total.

Mental health has always been an important focus, but in 2023 Australian Rotary Health sharpened its focus on mental health in children aged 0–12. The reason is compelling: many lifelong mental-health difficulties begin during childhood, often well before problems are formally recognised. Early research, understanding and support can therefore make a significant difference throughout a person's life.

The presentation highlighted several examples of research becoming practical assistance. The Cool Kids program, developed through long-term Australian Rotary Health-supported research, helps children understand and manage anxiety and is now available online in 24 countries and 15 languages. Other research has produced

programs helping parents support children's mental health and manage anxiety and phobias.

The organisation has also invested heavily in Indigenous and rural health. Since 2003, 644 Indigenous health scholarships have supported the development of culturally safe health professionals. Rural nursing and research scholarships have similarly helped provide skilled health professionals in communities where specialist services may be many hours away.

One of the most remarkable examples was Mental Health First Aid, which grew from early research and now has trained more than six million people across more than 25 countries.

Another long-term success story involved Professor Elizabeth Scarr's early research into brain chemistry and schizophrenia. Her work, supported through a Royce Abbey Postdoctoral Fellowship, contributed to the scientific evidence behind Cobenfy, approved in the United States in 2024—the first new class of schizophrenia medication in more than 30 years.

Looking ahead, Australian Rotary Health is changing how it works with Rotary clubs. New fundraising options, digital event kits and an online events portal are planned for 2027.

The central message was simple and powerful: Rotary funds possibility. Every donation helps give researchers the time and opportunity to pursue ideas that may ultimately change lives.

Club News:



“West Beach Rotary appreciates greatly the support of our **Sponsors** and **Community Partners** whose logos appear below”



AMADIO™
Winemakers from 1936



West Beach Parks
holiday • sport • community



INVITATION to “FRIENDS OF ROTARY” Event

**Tuesday 20th October Westward Ho G.C., Military Road, West Beach.
6.00 for 6.15pm Concludes 8.15, \$27 meal (alternate drop), buy your own drinks.**

Special Guest Speaker: Ken KG Cunningham OA



Sporting career

Media career

Ken had a first-class cricket career 1960/61 to 73/74 seasons with SA Cricket Team in the Sheffield Shield. A left-hand batsman he was part of the sides that won the Shield in 1963/64 and 1968/69 and went on to play 97 first-class matches in a solid career, averaging 37 with the bat. He was the SA team captain in 7 matches from 1971 to 1973. He toured New Zealand in 1966/67 with the Australian team captained by Les Favell.

He was a highly rated football umpire, officiating in four SANFL grand finals three interstate games during his 130 games in seven years (1961–1967) at the top level.

Following his sport career, he became a TV and radio sports presenter. During the 1980s, KG hosted a 30-minute football wrap-up show on Channel 9 Adelaide called **KG's Footy Show**. The show was run on Saturdays during the football season and ran in the 5:30–6pm time slot. KG and guests who included players usually from the day's winning teams in the SANFL, would give their comments and show highlights of the games. KG was also the weekend sports presenter for Channel 9 news in Adelaide for over 20 years until he joined Channel 7 in 2005. For his long TV service to football, the SANFL inducted him into their Hall of Fame in 2012.

He also co-hosted the FIVEaa Sports Show from the mid-1980s until 2008, firstly with former South Australian cricket captain David Hookes and later with former SANFL player and Adelaide Crows (AFL) coach Graham Cornes. The radio show, **KG and Cornesy**, was among Adelaide's most popular drive time shows.

In the 1990 Australian Day Honours Ken was made a Member of the Order of Australia (AM) for "service to the media, particularly as a sporting broadcaster".

He is frequently very opinionated and pro-South Australian and passionate of any South Australian sporting Team, Player, Coach and anyone associated with Sport

Don't miss this opportunity to meet some new people, have a chat, share stories, and hear from Special Guest Speaker, The Passionate, Ken KG Cunningham.

Our support speaker will be Alan Young, West Beach Coastal Newsletter, updating us on quality of dredged sand, Bird Flu and Algal Bloom.

**Secure your seat, email; - to Warren Hobbs (Engagement Chair) or Try Booking: -
Please Respond by 15th Oct, \$27 Payment <https://www.trybooking.com/DIARP>**

Time to get excited about our next FoR Event on Tuesday 20th October.

Our Friend Denny Hodgson who is a paid-up FoR together with his wife Elizabeth, has arranged for his pal Ken Cunningham to be an "On the Couch" Speaker next month. Denny also happens to be a member of Adelaide Rotary Club but also likes what we do at WBR.

The attached Flyer has been prepared by our Kevin Tiggemann. (Thanks Kevin....he does that each month plus various other FoR roles.)

KG Cunningham is a legend in Cricket, Footy Umpiring(when one Umpire did it all) and a popular media Commentator for over 40 years.

And he is western suburbs and South Australian to the core.

Also be aware that our Support Speaker is Alan Young who is passionate about the health of our beaches and marine life.

Alan will have 10 min to share his thoughts on current key beach issues eg dredging of sand from where for replenishment(and what quality sand!!). and updates on Algal Bloom and what he has observed about Bird Flu. Each of these are key issues for our Beaches and hence for all of our local Clubs who attend our FoR events. See you there. It will be a bumper crowd!!

Cheers

Warren Hobbs

For the WBR Engagement Committee

A letter received from our previous FoR guest speaker Marc Ryan.

Hi Warren,

Thank you so much for your incredibly generous email, and please pass on my sincere thanks to the West Beach Rotary Board for their very generous \$500 contribution.

I would love to ask that the donation be made to **Mentally Fit EP**.

There is a very personal reason I have chosen Mentally Fit EP. They are one of the reasons this journey started for me in the first place. My work around mental health, suicide prevention and taking these conversations into regional communities grew from the relationships and experiences I had with people and organisations like Mentally Fit EP.

What started as a few conversations and events has grown into something that has taken me all over South Australia, using comedy, storytelling and lived experience to create conversations around mental health, suicide prevention, connection and hope.

Mentally Fit EP has been a huge part of that journey, and supporting the work they continue to do in regional communities means a great deal to me.

I genuinely can't thank you and the Board enough. The fact that my presentation has led to the club wanting to support mental health in such a tangible way is incredibly humbling.

And thank you also for the invitation to the Friends of Rotary events. I would absolutely love to come along when I can. I really enjoyed the August evening with you all, and it was wonderful to feel so welcomed. Please do keep sending me the invitations and I'll certainly take you up on the offer when I'm able to make it.

I'll send through the Mentally Fit EP payment details below:

Mentally Fit EP

BSB 63300

Account Number 154 279 566

Account Name west coast youth and community support

Reference - The Beautiful Bogan

Thank you again, Warren. What you and the West Beach Rotary team are doing is exactly what community looks like to me — people coming together and turning a good conversation into something that can genuinely help others.

And I would love to hangout with you guys again

Warm regards,

Marc Ryan
The Beautiful Bogan



Kylie Crossing, Harbour
Town Shopping Centre
Manager and Rotarian
Warren Hobbs

Harbour Town Shopping Centre – Community, Customer Service and Future Development

Kylie provided an engaging insight into the operation of Harbour Town Shopping Centre, South Australia's number-one outlet centre. As Centre Manager, she has spent the past 12 years managing privately owned shopping centres and explained that private ownership supports a strong focus on investment, improvement and long-term planning.

Harbour Town has approximately 130 stores, annual turnover of around \$280 million and about 3.3 million visitors each year. Its focus extends beyond retail, with free events, family activities, tourism services and a strong commitment to customer service. It is also South Australia's only pet-friendly shopping centre and provides a guest lounge, luggage storage, Wi-Fi, phone charging, parents' rooms, wheelchairs and other accessibility services.

Community involvement is central to the centre's operations. Bernie Lewis's two children now run the company, through the Lewis Foundation, Harbour Town supports organisations including Kickstart for Kids, which provides meals and opportunities for disadvantaged children. More than 100 children participate in the centre's annual program, receiving lunch and a \$50

Harbour Town gift card. The centre also supports Backpacks 4 Kids by accepting donations of clothing, toys, toiletries and other essentials. Staff regularly volunteer to pack backpacks for children in need.

Harbour Town has developed a Reconciliation Action Plan and is exploring further ways to incorporate Indigenous culture, including a proposed garden featuring native bush foods. Recent school-holiday activities showcased Australian wildlife, local Indigenous artwork and a Welcome Ceremony.

Kylie also outlined the challenges of operating on airport land, where aircraft-safety regulations govern rubbish, lighting, plant selection, balloons and building heights.

Future plans include additional car parking, relocating tourist buses, attracting new retailers, further capital investment and expanding sustainability initiatives such as recycling, composting and waste diversion.

Her central message was that successful retail is about people, community and experiences—not simply selling products. Harbour Town aims to provide customers, retailers and the wider community with a welcoming, inclusive and enjoyable environment.

Rotarian David Taylor won a \$100 gift card donated by Kylie.



Hannah Hughes and
Rotarian Rob Stocker

Indigenous Medical Scholar Update

Hannah Hughes, a First Nations medical student at Flinders University, has continued her studies after previously completing dentistry at Adelaide University. Supported by a Rotary Indigenous Health Scholarship, she has recently completed her General Practice rotation and commenced a six-week colorectal surgery placement at The Queen Elizabeth Hospital. She has successfully completed three exams this year, with major OSCE examinations still ahead. As First Nations Officer for the Flinders Medical Students' and Psychiatry Societies, she promotes pathways into medicine for Indigenous students. Next year she will undertake an eight-week placement in Alice Springs, gaining valuable experience in rural and remote healthcare.

We wish Hannah every success with her studies and look forward to seeing all that she achieves in the future.

Club News:

Bunnings BBQ

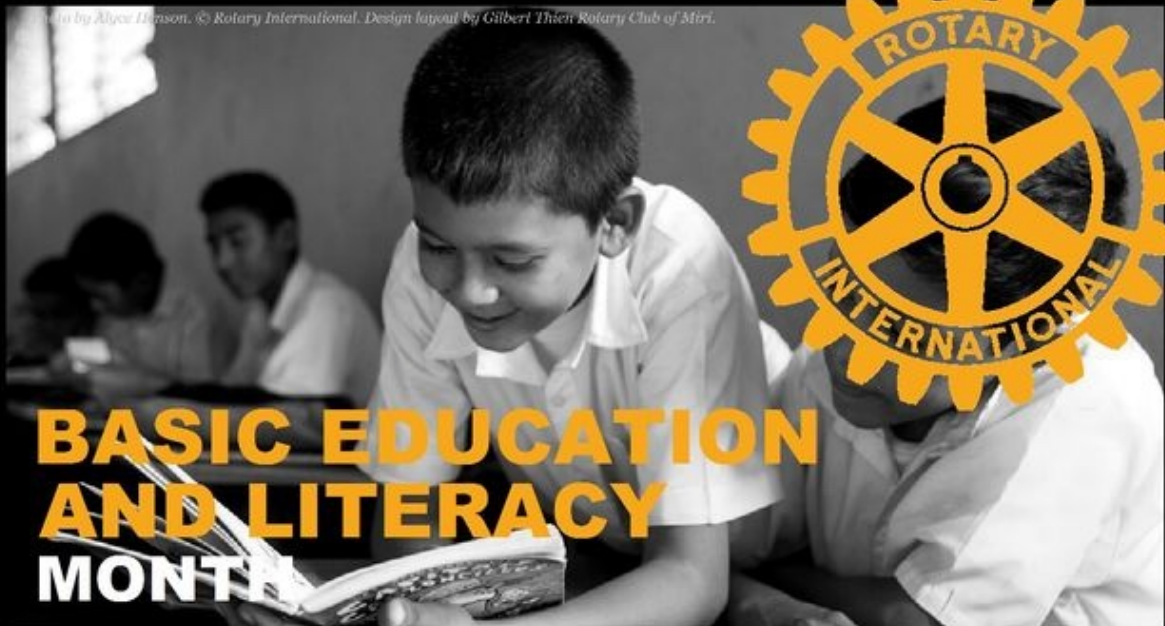
For your diaries:

18th October

28th October



SEPTEMBER IS



BASIC EDUCATION AND LITERACY MONTH

"Education is a social process. Education is growth. Education is not a preparation for life; education is life itself."

John Dewey

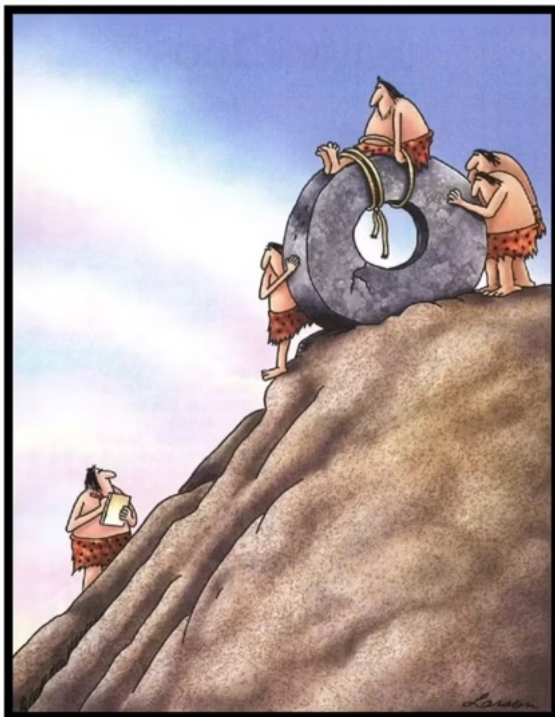




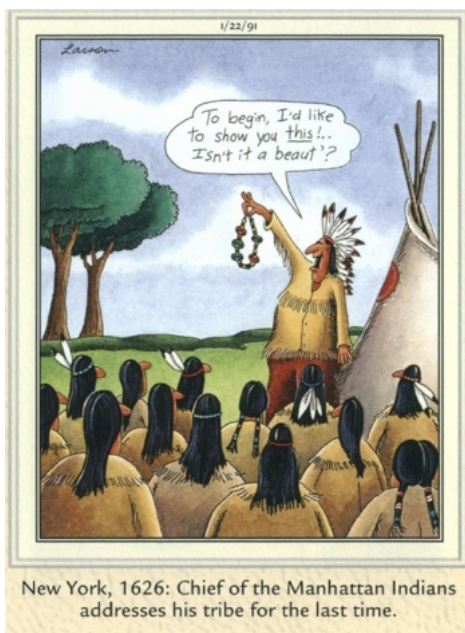
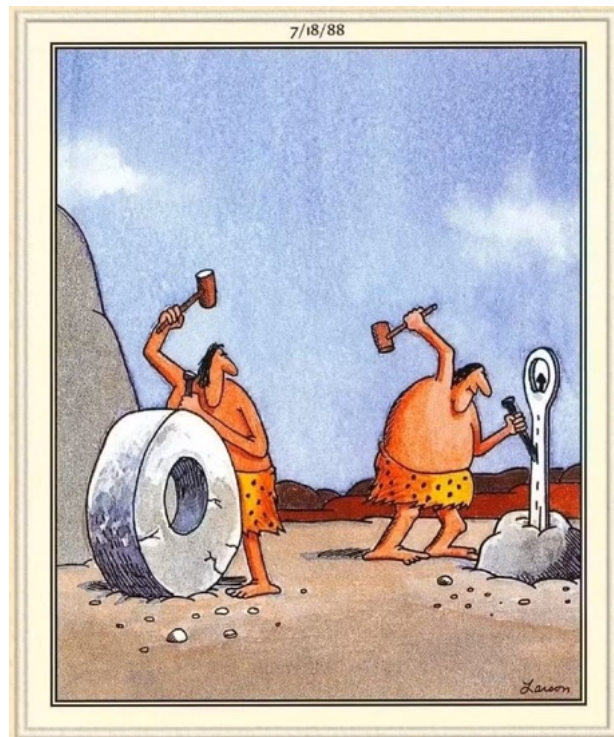
The Joker Draw

Jenny Harris won the draw,
but did not draw the Joker

The JACKPOT
is \$1,320



Early experiments in transportation



New York, 1626: Chief of the Manhattan Indians
addresses his tribe for the last time.



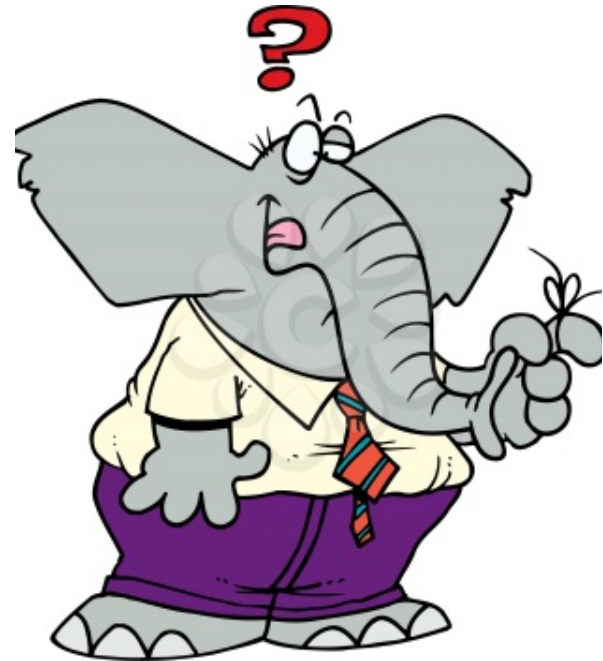
Club News:



Fellowship Events

SAVE THE DATES

Put them in your Diary



Member's Birthdays:

Partner's Birthdays:

Wedding Anniversaries:

Membership Anniversaries

Rotary



THE FOUR-WAY TEST

of the things we think, say or do

- I. Is it the TRUTH?
- II. Is it FAIR to all concerned?
- III. Will it build GOODWILL & BETTER FRIENDSHIPS?
- IV. Will it be BENEFICIAL to all concerned?

Upcoming Events & Guest Speaker

22nd September

Speaker: Henry Cowell (Ambulance SA)

Topic: Using a Defibrillator

29th September

Speaker: Dr Rajeev Kamineni

Topic: The Two Loves of My Life

13th October

Committees

20th October

FoR Event

Speaker: Ken “KG” Cunningham

Topic: SA Sport and Radio

27th October

Speaker: District Governor Tim Lee

3rd November

No Meeting - Melbourne Cup

Meals On Wheels Roster:

Meals on Wheels Contact

Naomi Barrett

Mobile:

Charles Sturt Meals on Wheels is situated at the rear of

Festival Function Centre,
292 Findon Rd, Findon

Please be there by 10.50 AM

Wednesday Roster

23rd September - Ed King
30th September - Stuart Ghent
7th October - David Simpson
14th October - Peter Brown
21st October - Peter Murton
28th October - Tom Bunnik

Friday Roster

25th September - Chris Hughes
2nd October - Richard Daley
9th October - Ann Branson
16th October - Ron Harris
23rd October - Jenny Harris
30th October - Rose Willington

Hi Meals on Wheelers

Just a reminder for all, to ask if you could place the magnet signs on your car when delivering for MoW. The signs promote Rotary and in

Notes:

- If for some reason you are unable to fulfill your roster please arrange to swap with another Member. Please do not contact the Bulletin Editor. It is not the Bulletin Editor's job to find a replacement.
- Paul Denley is co-ordinating the Meals on Wheels Roster
- If you have a breakdown or accident the MOW volunteer will call a taxi and will continue on the remainder of the round and return to the kitchen afterwards. You are left to deal with your vehicle issues as you see fit.

Meeting Duty Roster

22nd September	29th September	6th October	13th October
Furniture Steve Redden Grant Price	Furniture Rob Stocker David Taylor	Furniture Paul Denley Wayne Comley	Furniture Ron Harris Stuart Ghent
Attendance John Christo	Attendance John Christo	Attendance John Christo	Attendance John Christo
Welcome Ian Roberts	Welcome Brian Tucker	Welcome Ann Branson	Welcome Karen Feind
Chairperson David Simpson	Chairperson Ed King	Chairperson David Simpson	Chairperson Ed King
Guest Speaker Intro Carolyn Palmer	Guest Speaker Intro Barbara Wheatcroft	Guest Speaker Intro	Guest Speaker Intro N/A
Joker Draw Kevin Mullins	Joker Draw Rose Willington	Joker Draw Kel Burke	Joker Draw Peter Farquhar

If for some reason you are unable to fulfill your roster please arrange to swap with another Member.
Please do not contact the Bulletin Editor - other than to advise you have swapped with someone.
It is not the Bulletin Editor's job to find a replacement.

BookMart Roster:

DAY	DATE	TIME	MEMBERS	VOLUNTEERS
Monday	21st Sept	10:00 - 12:30	Grant Price	Dawn Frank, Jeannie Reynolds
		12:30 - 03:00		Anne Nagy, Chris Frensch, Alison Harris
Tuesday	22nd Sept	10:00 - 12:30		Don & Lee McCulloch, Clive Turner, Shane Roberts, Lorraine Panazzolo
		12:30 - 03:00	Steve Redden, Rob Stocker	
Thursday	24th Sept	10:00 - 12:30	Robert Ryan, Kevin Mullins, Chris Weyland	
		12:30 - 03:00	Paul Denley	Christine Iovino, Barbara Kendrick
Saturday	26th Sept.	10:00 - 12:30	Liz Foote, Megan Kerr	Darlene Green, Lily Reynolds
		12:30 - 03:00	Janet Johnson	Jenny Clarke, John Wilson
Monday	28th Sept.	10:00 - 12:30	Shirley Roberts, Ann Branson	Dawn Frank, Jeanie Reynolds
		12:30 - 03:00		Anne Nagy, Anne Fowler, Chris Frensch
Tuesday	29th Sept	10:00 - 12:30	Chris Hughes, Paul Denley	Barbara Kendrick, Shane Roberts
		12:30 - 03:00	Rose Willington, Barbara Wheatcroft	Vicki Hardstaff
Thursday	1st October	10:00 - 12:30	Bob Hudson, David Simpson &/or Peter Brown	
		12:30 - 03:00	Warren Hobbs	Christine Iovino, Ros Jones, Sheryl Ciavarello starting 1/10/26
Saturday	3rd October	10:00 - 12:30	Janet Johnson, Jenny Harris	Darlene Green, Michelle N, Lorraine Paroissien, Lily Reynolds
		12:30 - 03:00	Kevin Tiggemann, Ron Harris	John Wilson
Monday	5th October	10:00 - 12:30	Steve Redden	Chris Turner, Dawn Frank, Jeanie Reynolds
		12:30 - 03:00		Ann Nagy, Leah Roberts, Chris Frensch
Tuesday	6th October	10:00 - 12:30	Rob Hughes	Renuka Kumar, Shane Roberts
		12:30 - 03:00	John Jackson	Clive Turner, Alison Duggan
Thursday	8th October	10:00 - 12:30	Jenny Harris	Ruth Shakes, Barbara Kendrick
		12:30 - 03:00		Don & Lee McCulloch, Ros Jones, Sheryl Ciavarello starting 8/10/26
Saturday	10th October	10:00 - 12:30	Karen Feind, Kel Burke	Darlene Green
		12:30 - 03:00	Rose Willington	Lorraine Paroissien, John Wilson

Members Committee Allocation:

Members Committee allocation 2026 - 2027

Name			Committee		
Wayne	Comley	Admin Chair	Barbara	Wheatcroft	Director Fellowship
David	Simpson	Administration	Chris	Branson	Fellowship
Ed	King	Administration	Kel	Burke	Fellowship
Peter	Murton	Administration	Rob	Chambers	Fellowship
John	Christo	Administration	Peter	Farquhar	Fellowship
			Carolyn	Palmer	Fellowship
Rob	Hughes	Dir. Community	Warren	Hobbs	Dir. Engagement
Peter	Brown	Community	Ron	Harris	Engagement
Chris	Hughes	Community	Kevin	Tiggemann	Engagement
Kevin	Mullins	Community	Robert	Ryan	Engagement
Karuna	Veerapen	Community	Tarn	McIntosh	Engagement
David	Taylor	Community			
David	Wilson	Community			
			Steve	Redden	Director Vocational
Tom	Bunnik	Dir. International	Bob	Hudson	Vocational/Youth
Frank	Bunnik	International	Grant	Price	Vocational/Youth
Paul	Denley	International	Rob	Stocker	Vocational/Youth
Stuart	Ghent	International	Ann	Branson	Vocational/Youth
Peter	Johnson	International			
Ian	Roberts	International			
Brian	Tucker	International			
Karen	Feind	Dir. Bookmark			
Liz	Foote	Bookmart			
Jenny	Harris	Bookmart			
Rose	Willington	Bookmart			