The Rotary Club of Kidman Park Bulletin

Meetings: 6.30 pm each Tuesday at Westward Ho Golf Club, Military Road, West Beach

Rotary Kidman Park

Club Number: 22406

Website: kidmanparkrotary.org

Co-Presidents: **Karen Feind**
Email: kmlxena@gmail.com
Ron Harris
Email: ronharris1205@hotmail.com

Club Secretary: **Wayne Comley**
Email: waynecomley@icloud.com

Rotary International President:
Stephanie A. Urchick

District Governor 9510:
Marie-Louise Lees
(Rotary Club of Gawler Light)

Rotary Community Leader - G4:
Mario Mc Donagh
(Kidman Park Rotary Club)

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THE MAGIC OF ROTARY
Rotary

Meeting No: 2018

8th April 2025

Club Assembley

Meeting Duties

Furniture: David Simpson
Rob Stocker
Attendance: Shirley Roberts

Welcome: Rose Willington

Chairperson: RH/KF

Guest Speaker intro:

Joker Draw: Brian Tucker

Apologies & Guests: Please advise Frank Bunnik
Mobile 0411 517 292
Email: marion-frank@bunnik.id.au
by 12.00 Noon Monday.

KPRC Facebook Moderator: **Karen Feind**
www.facebook.com/KidmanParkRotaryClub

Bulletin Editor

Paul Denley - Email: denleyp@gmail.com

Club News:

Rotary Kidman Park

Co-President Ron

Club Assembly next week (8th April) is an opportunity for members to air suggestions or ask questions about the progress of the Club. We have much to be proud of, but there may be new ideas as to how things could be better. If anyone cannot be there but wants something raised please email to me.

Ron



Above: Tom Bunnik with Barry Walker of Senihati Art and soul Tours

Barry Walker and Senihati Art and Soul Tours embody a unique and enriching travel experience in Bali, offering more than just a typical holiday. Through Senihati, Walker has crafted an immersive cultural journey that emphasises connection with the local community, respect for Balinese traditions, and personal transformation for participants.

Barry Walker, an experienced traveler with a profound appreciation for cultural richness and the arts, founded Senihati Art and Soul Tours with the vision of creating

travel experiences that transcend the ordinary. His approach focuses on offering travellers a deeper understanding of Bali's cultural heritage by engaging directly with its artisans, spiritual guides, and locals. Walker's passion for meaningful travel experiences inspired him to develop tours that highlight the heart and soul of Bali, far removed from commercial tourism's well-trodden paths.

Senihati Art and Soul Tours provides participants with the opportunity to explore Bali through its art, culture, and spirituality. A typical tour might include visits to traditional art villages where participants can observe and learn from local artisans who have mastered skills such as batik printing, wood carving, and painting over generations. These interactions provide not only unforgettable memories but also insights into the cultural fabric that defines Bali.

One distinguishing feature of Senihati is its emphasis on spiritual exploration. Bali, known for its spiritual energy and practices, is the perfect setting for travellers looking to embark on a journey of self-discovery. Tours frequently incorporate visits to sacred sites, temples, and serene places for reflection and meditation. Barry ensures that these experiences are authentic and respectful, often led by local spiritual leaders who offer genuine insight into Balinese religious practices and beliefs.

Furthermore, Senihati Art and Soul Tours prioritise sustainable and responsible tourism. Barry Walker is committed to ensuring that the tours benefit local communities by supporting small businesses, employing local guides, and encouraging cultural exchange. This commitment not only provides travelers with wholesome and authentic experiences but also contributes positively to the preservation of Balinese culture and the welfare of its people.

The name "Senihati" itself points to the underlying philosophy of Barry's vision: "seni" meaning "art" and "hati" translating to "heart" in Indonesian. This signifies the heartfelt approach to art and culture that lies at the centre of the tours, seeking to touch the hearts of all who participate and foster a genuine connection with the local community.

In summation, Barry Walker and Senihati Art and Soul Tours offer an unparalleled travel experience in Bali where art, soul, and transformative personal experiences come together. By focusing on authentic cultural immersion, spirituality, and sustainable practices, the tours provide travellers with a meaningful way to explore Bali and connect with its traditions. As a leader in niche travel experiences, Senihati continues to cultivate a space where travellers can truly understand and appreciate the rich tapestry of Balinese life.

Club News:

Rotary Kidman Park

Rotary and Earth Day

As People of Action, Rotarians have been shaping the conversation on the environment for years

Fifty years ago, the first Earth Day was held on 22 April, 1970, launching a wave of action to protect our environment, including the passage of landmark environmental laws in the United States. Other countries soon followed suit. Every year since, the day has been set aside to focus on mobilizing for action to protect our planet.

As people of action, Rotarians have been shaping the conversation on the environment for years, from addressing climate change that threatens entire food systems to fighting pollution that clogs our air and water. Rotarians are well-suited for the challenge. They use their connections to find creative solutions and take action to safeguard our vital resources.

The Environmental Sustainability Rotary Action Group (ESRAG) assists Rotary clubs, districts and multi-districts in building awareness, inspiring action, and planning service projects that focus on environmental sustainability, awareness of climate change, and actions to reduce greenhouse gas emissions.

Below are just a few of the ways that Rotarians are working to preserve our planet, all year long.

- Dutch Rotarians have been tackling the vexing problem of plastic waste. The End Plastic Soup project started with a cleanup in the canals of Amsterdam and has expanded to collecting and recycling plastics and raising awareness of plastic waste in the Netherlands and nearby countries.

Club News:

Rotary Kidman Park



The End Plastic Soup project started with a cleanup in the canals of Amsterdam and has expanded to collecting and recycling plastics and raising awareness of plastic waste in the Netherlands and nearby countries.

- In Hawaii, USA, ocean currents that used to deliver enormous evergreen logs of driftwood to the white sands of Kamilo Beach now clutter it with debris, earning “Plastic Beach” the distinction of being one of the dirtiest beaches on earth. Volunteers from the Rotary Club of South Hilo periodically recruit their colleagues and neighbors for cleanup days. During one cleanup last August, volunteers collected 37 bags of trash, 100 pounds of loose plastics and 300 pounds of nets and fishing lines. The club is also working with the Hawai’i Wildlife Fund to divert plastic from landfills. Read the full story in Paradise Lost.
- In Rio Claro, Brazil, waste pickers separate plastics according to their type and sell the material to an intermediary that cleans, grinds, and dries it, then sells it at a profit. Through a Rotary Foundation global grant project of the Rotary clubs of Rio Claro-Alvorada, Brazil, and Longwood, Pennsylvania, the local waste pickers cooperative received equipment to process the plastic itself, meaning a 50 percent income increase and an expansion in the number of waste pickers who can participate.
- The Rotary Club of Vero Beach, Florida, USA, is working on a plastic recycling project in its community. In collaboration with the county landfill, the club has placed recycling bins in commercial facilities — such as a brewery and a store

at a local outlet mall — to collect the shrink-wrap that their pallets of products are wrapped in. The county then takes the shrink-wrap to a recycling center, which sells it to companies that make plastic furniture and outdoor decking.

- German Rotaract clubs and their sponsoring Rotary clubs have been working to educate people about the importance of bees to our environment. The club members are taking steps to stem the bees' decline, including by building wooden "bee hotels" where wild bees can safely make their nests and lay eggs. Bee populations have been declining because of the widespread use of toxic pesticides, the practice of growing a single crop in given area, and climate change. But bees play a vital role in the ecosystem. Read the full story on Rotary Voices.

Good Reads

https://www.rotary.org/en/our-causes/protecting-environment

https://www.rotary.org/en/rotary-and-earth-day

at the bottom of the above article, the following are also good reads:

RELATED CONTENT

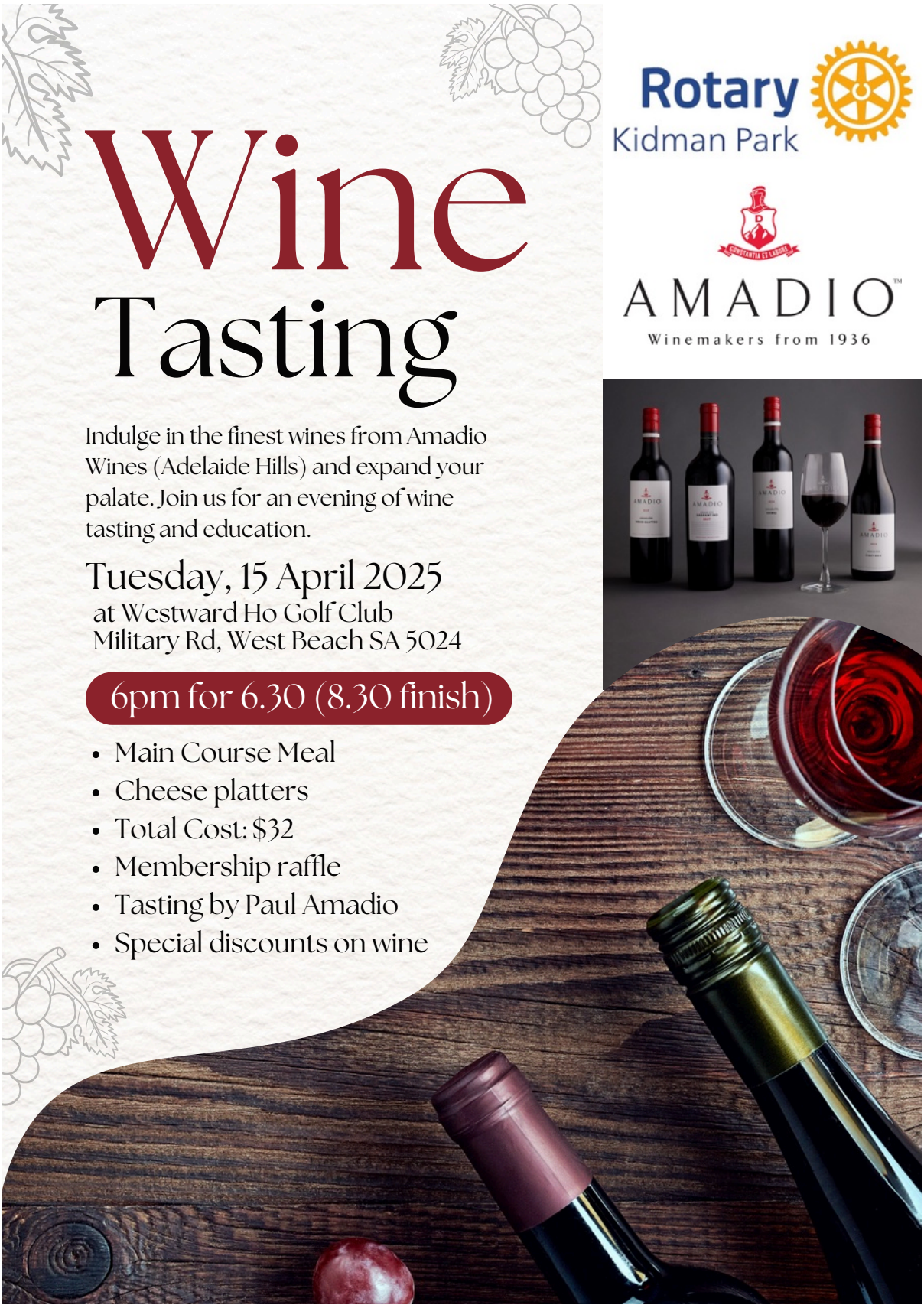
Welcome to plasticville

What's all the buzz about bees

A way to wash the water clean

Club News:

Rotary Kidman Park



Bring a friend or 2 for a special night. Just let Warren Hobbs know how many you are bringing! 🍷🍷🍷

Club News:

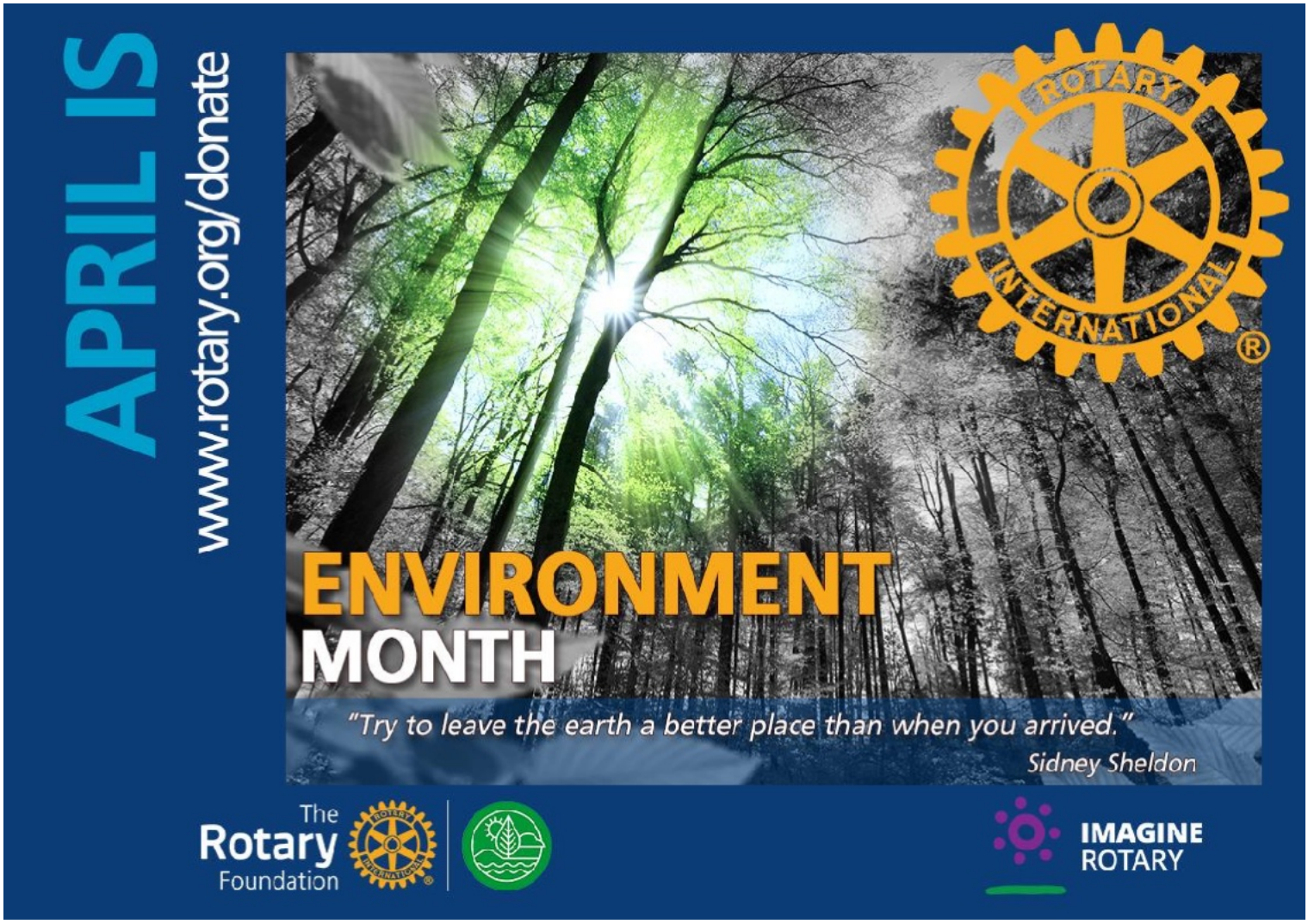
Rotary Kidman Park



THE MULTI DISTRICT
IMPACT SUMMIT.
MORPHETTVILLE RACECOURSE,
SOUTH AUSTRALIA.
16TH – 18TH MAY 2025

Rotary District 9510 | Rotary District 9800 | Beyond Bank AUSTRALIA

REGISTRATIONS NOW OPEN



Club News:

Rotary Kidman Park

🚌🍾🍷🍺 **SAVE THE DATE** 🎂⛳🍽️🎄

Friday 2nd May - TAFE Dinner

Start time: 6pm
3 courses for $52.50 pp

Buy your own drinks

Tour of Coopers Brewery
Thursday 15th May 10:30am - 90 minute tour
$45, includes tasting of 5 Coopers Beer

Also at Noon - Coopers Restaurant booked for lunch, at your cost.

You can go to both tour and lunch or do individually

Guess who's Coming to Dinner

Saturday 14th June, hosts required , please see Chris Hughes

Sunday October 12th
Coach Day Trip
"Secrets I have found"
Details to be advised.
Chris Branson

Sunday 14 Dec 2025
Christmas function
Glenelg golf club

District News:

Rotary Kidman Park

RESILIENCE FIRST AID STARTER TRAINING

Rotary District 9510

Rotary Club of Elizabeth

Discover Connected Resilience with RFAST's transformative **3-hour workshop**, designed to equip you with essential tools and strategies for fostering mental well-being in yourself and others.

WHY ATTEND RESILIENCE FIRST AID STARTER TRAINING (**RFAST**)?

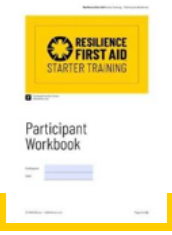
Delve into the evolving world of **mental health prevention** and learn how to create a supportive environment through **psychosocial hazard awareness**.

Join us to unlock your potential in promoting resilience and embark on a journey of personal growth and empowerment for the betterment of your community, workplace, and personal life.

Included in RFAST:

- **RFAST Participant Workbook** – Summary of the workshop content, space for notes, plus your own Active Strength analysis and personal Resilience Action Plan
- **Completion Certificate** – Useful for evidence of ongoing professional development marking 2 hours of attended training





Training Outcomes:

By participating in RFAST's workshop, you will:

- Develop an appreciation for mental health prevention strategies
- Understand the significance of supporting resilience in others
- Enhance your ability to recognise when someone needs resilience support
- Identify your strengths and create a resilience action plan

Curriculum Overview:

The RFAST workshop covers the following topics:

- The evolution of mental health towards prevention, emerging trends in therapies, and new approaches
- The importance of psychosocial hazard awareness and your role in promoting a healthy environment
- The concept of Connected Resilience and strategies for cultivating it
- The six resilience domains, including their highs, lows, and risk factor awareness
- Identifying your unique strengths and creating a tailored resilience action plan

RFAST Summary:

3-hour workshop Purpose:

- Preventative approach to mental health
- Develop a culture of resilience
- Psychosocial hazard awareness training
- Understand resilience & create an action plan

Open to anyone

Formats:

- Live - trainer led

Fees: **$20 Booking Fee**

All Inclusive

RFAST

Trainer(s): **David Moran & Graham Lucas**

Location: Munno Para West Uniting Church, 232 Curtis Road, Munno Para West SA 5115

Date & Times: 10th February, 2025 6:30 pm to 9:30 pm

TO BOOK - Email - admin@mentalhealthpartners.com.au or call 0402 749 850

Club News:

Rotary Kidman Park

As promised, I have attached the 3 flyers for our Rotary sessions on Mental Health First Aid.

3] 14th April Monday @ Angle Vale Sports Community Club, Fradd Rd Angle Vale

Cost $20pp
Time 6.30-9.30pm [3hrs duration]

We have spread them across Playford to allow easier access.
Please send them to anyone who you think might be interested.

Our Club appreciates your support.

Please contact me for further information required.

Regards
Shirley Halls
Director
Rotary Club of Elizabeth,
M 0419866872

Club News

Rotary Kidman Park

REMINDERS

Upcoming Bunnings BBQ Dates

Saturday 19th April





The Joker Draw

Ed King was the mini winner.

The JACKPOT is now approx. $1527





Ian Roberts dealing Ed King a non winning card



Club News:

Rotary Kidman Park

Upcoming Events & Guest Speakers

Tuesday 8th April

Club Assembly

Tuesday 15th April

Paul Amadio

Amadio Wines - Wine Tasting

Tuesday 22nd April

Merrilyn Russell - Rotary

Interplast - AusNZ

Medical support for O/S

Meals On Wheels Roster:

Rotary Kidman Park

Meals on Wheels Contact

Grace Giles

Mobile: 0407 603 637

Charles Sturt Meals on Wheels is situated at the rear of

Festival Function Centre,
292 Findon Rd, Findon

Please be there by 10.50 AM

Wednesday Roster	**Friday Roster**
9th Apr David Simpson	11th Apr Brian Tucker
16th Apr Karen Feind	18th Apr Good Friday
23rd Apr Tom Bunnik	25 Apr Anzac Day
30th Apr Bob Hudson	2nd May Ron Harris
7th May Kevin Mullins	9th May Ann Branson
14th May Shirley Roberts	16th May Jenny Filsell
21st May Peter Brown	23rd May Paul Denley
28th May Chris Hughes	30th May Robert Ryan

Hi Meals on Wheelers

Just a reminder for all, to ask if you could place the magnet signs on your car when delivering for MoW. The signs promote Rotary and in particular, our good work.

Notes:

- If for some reason you are unable to fulfill your roster please arrange to swap with another Member. Please do not contact the Bulletin Editor. It is not the Bulletin Editor's job to find a replacement.
- Dale Kentish is co-ordinating the Meals on Wheels Roster (replacing Bob Hudson)
- If you have a breakdown or accident the MOW volunteer will call a taxi and will continue on the remainder of the round and return to the kitchen afterwards. You are left to deal with your vehicle issues as you see fit.

Meeting Duty Rosters:

Rotary Kidman Park

Apr 8th	Apr 15th	Apr 22nd	Apr 29th
Furniture David Simpson Rob Stocker	Furniture Tom Bunnik Kel Burke	Furniture Stuart Ghent Bob Hudson	Furniture Ed King Peter Murton
Attendance Shirley Roberts	Attendance Shirley Roberts	Attendance Shirley Roberts	Attendance Shirley Roberts
Welcome Rose Willington	Welcome Ann Branson	Welcome Jenny Filsell	Welcome Chris Hughes
Chairperson RH/KF	Chairperson RH/KF	Chairperson Karen Feind	Chairperson Karen Feind
Guest Speaker Intro RH/KF	Guest Speaker Intro Warren Hobbs	Guest Speaker Intro Karen Feind	Guest Speaker Intro Karen Feind
Joker Draw Brian Tucker	Joker Draw Peter Brown	Joker Draw Peter Farquhar	Joker Draw Janet Johnson

If for some reason you are unable to fulfill your roster please arrange to swap with another Member.
Please do not contact the Bulletin Editor - other than to advise you have swapped with someone.
It is not the Bulletin Editor's job to find a replacement.

Member's Birthdays:

Karen Feind 7th April
Paul Denley 13th April
Frank Bunnik 14th April

Partner's Birthdays:

Wedding Anniversaries:

Membership Anniversaries

BookMart Roster:

Rotary Kidman Park

DAY	DATE	TIME	MEMBERS	VOLUNTEERS
Saturday	5th Apr	10:00 - 12:30 12:30 - 03:00	Janet Johnson, Jenny Harris Kevin Tiggemann, David Taylor	Darlene Green, Michelle N, Lorraine Paroissien, Lily Reynolds Naomi Wallis
Monday	7th Apr	10:00 - 12:30 12:30 - 03:00	Steve Redden	Chris Turner, Dawn Frank, Jeannie Reynolds Anne Nagy, Leah Roberts, Ros Jones
Tuesday	8th Apr	10:00 - 12:30 12:30 - 03:00	Rob Hughes John Jackson	Leonie Brunckhorst Alison Duggan Clive Turner
Thursday	10th Apr	10:00 - 12:30 12:30 - 03:00	Jenny Harris	Lyn Allpress, Barbara Kendrick, Ruth Shakes, Cassandra Knowles Don & Lee McCulloch, Christine Iovino
Saturday	12th Apr	10:00 - 12:30 12:30 - 03:00	Karen Feind, Kel Burke Rose Willington, Dale Kentish	Darlene Green, Michelle N, Nishok Kannan
Monday	14th Apr	10:00 - 12:30 12:30 - 03:00	Grant Price	Dawn Frank, Jeanie Reynolds, Cassandra Knowles Anne Nagy, Ros Jones, Chris Frensch
Tuesday	15th Apr	10:00 - 12:30 12:30 - 03:00	Clive Turner, Paul Denley John Jackson, Steve Redden	Don & Lee McCulloch Naomi Wallis
Thursday	17th Aprr	10:00 - 12:30 12:30 - 03:00	Robert Ryan, Kevin Mullins, Chris Weyland Paul Denley	- Christine Iovino, Barbara Kendrick
Saturday	19th Apr	10:00 - 12:30 12:30 - 03:00	Liz Foote, Megan Kerr Janet Johnson	Darlene Green, Michelle N, Lily Reynolds Naomi Wallis
Monday	21st Apr	10:00 - 12:30 12:30 - 03:00	Shirley Roberts, Ann Branson	Dawn Frank, Jeanie Reynolds Anne Nagy, Ros Jones
Tuesday	22nd Apr	10:00 - 12:30 12:30 - 03:00	Chris Hughes, Paul Denley Rose Willington	 Chris Frensch
Thursday	24th Apr	10:00 - 12:30 12:30 - 03:00	Bob Hudson, Jenny Filsell Warren Hobbs	Barbara Kendrick, Cassandra Knowles Christine Iovino,

Members Committee Allocation:

Rotary Kidman Park

Members Committee allocation 2024 - 2025

Name		Committee		Name		Committee
Wayne	**Comley**	**Administration**		Jenny	**Harris**	**Bookmart**
Robert	**Ryan**	**Administration**		Rose	**Willington**	**Bookmart**
Rob	**Chambers**	**Administration**		Liz	**Foote**	**Bookmart**
Karen	**Feind**	**Administration**		Janet	**Johnson**	**Bookmart**
Ron	**Harris**	**Administration**				
Peter	**Murton**	**Administration**		Chris	**Hughes**	**Fellowship**
Lauren	**Paradise**	**Admin** (Facebook)		Kel	**Burke**	**Fellowship**
				Peter	**Brown**	**Fellowship**
Warren	**Hobbs**	**Community**		Peter	**Farquhar**	**Fellowship**
Anne	**Branson**	**Community**		Ian	**Roberts**	**Fellowship**
Chris	**Branson**	**Community**		Shirley	**Roberts**	**Fellowship**
Dale	**Kentish**	**Community**		Kevin	**Roberts**	**Fellowship**
Stuart	**Ghent**	**Community**		David	**Simpson**	**Fellowship**
Kevin	**Mullins**	**Community**				
Barbara	**Wheatcroft**	**Community**		Kevin	**Tiggemann**	**Membership**
Chris	**Weyland**	**Community**		Jennifer	**Filsell**	**Membership**
Shiralee	**Wood**	**Community**		Mario	**McDonagh**	**Membership**
				David	**Taylor**	**Membership**
				Phil	**Ransome**	**Membership**
Rob	**Hughes**	**International**				
Frank	**Bunnik**	**International**		Steve	**Redden**	**Vocational/Youth**
Tom	**Bunnik**	**International**		John	**Christo**	**Vocational/Youth**
Paul	**Denley**	**International**		Bob	**Hudson**	**Vocational/Youth**
Ed	**King**	**International**		Grant	**Price**	**Vocational/Youth**
Peter	**Johnson**	**International**		Rob	**Stocker**	**Vocational/Youth**
Helen	**Kite**	**International**				
Brian	**Tucker**	**International**				