The Rotary Club of Kidman Park Bulletin

Meetings: 6.30 pm each Tuesday at Westward Ho Golf Club, Military Road, West Beach

Rotary Kidman Park

Club Number: 22406

Website: kidmanparkrotary.org

Co-Presidents: **Karen Feind**
Email: kmlxena@gmail.com
Ron Harris
Email: ronharris1205@hotmail.com

Club Secretary: **Wayne Comley**
Email: waynecomley@icloud.com

Rotary International President:
Stephanie A. Urchick

District Governor 9510:
Marie-Louise Lees
(Rotary Club of Gawler Light)

Rotary Community Leader - G4:
Mario Mc Donagh
(Kidman Park Rotary Club)

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THE MAGIC OF ROTARY
Rotary

Meeting No: 2014

11th March

Guest Speaker

Committee Meetings

Meeting Duties

Furniture: Jenny Filsell
Paul Denley
Attendance: Frank Bunnik

Welcome: Bob Hudson

Chairperson: Ron Harris

Guest Speaker intro:

Joker Draw: Jenny Harris

KPRC Facebook Moderator: **Karen Feind**
www.facebook.com/KidmanParkRotaryClub

Bulletin Editor

Paul Denley - Email: denleyp@gmail.com

Club News:

Rotary Kidman Park



Rotary Exchange Student Sammy Tau with Co-President Karen Feind

Sammy Tau is a Rotary Exchange Student from Milan, Italy, currently attending Henley High School in South Australia. He finds Adelaide to be much more spacious compared to his hometown of Milan. During his time in Australia, he has had the chance to explore several iconic destinations, including Kangaroo Island, Naracoorte, Robe, the Adelaide Hills, Monarto, and even experienced the excitement of the Supercars at Tailem Bend.

Eager to see more of the country, Sammy hopes to visit Coober Pedy and travel to Sydney. He is also planning to go to Perth, where he will join other Rotary Exchange students on a tour of the outback in Western Australia.

Upon returning to Milan, Sammy will enter Year 13 and aspires to become a mechanical engineer. A passionate supporter of AC Milan Soccer Club, he has also developed a fondness for some local Australian delicacies, particularly lamb and rosemary pies.

Sammy loves the beaches and sunsets in Australia, and greatly appreciates the friendly and welcoming nature of the Australian people.

Club News:



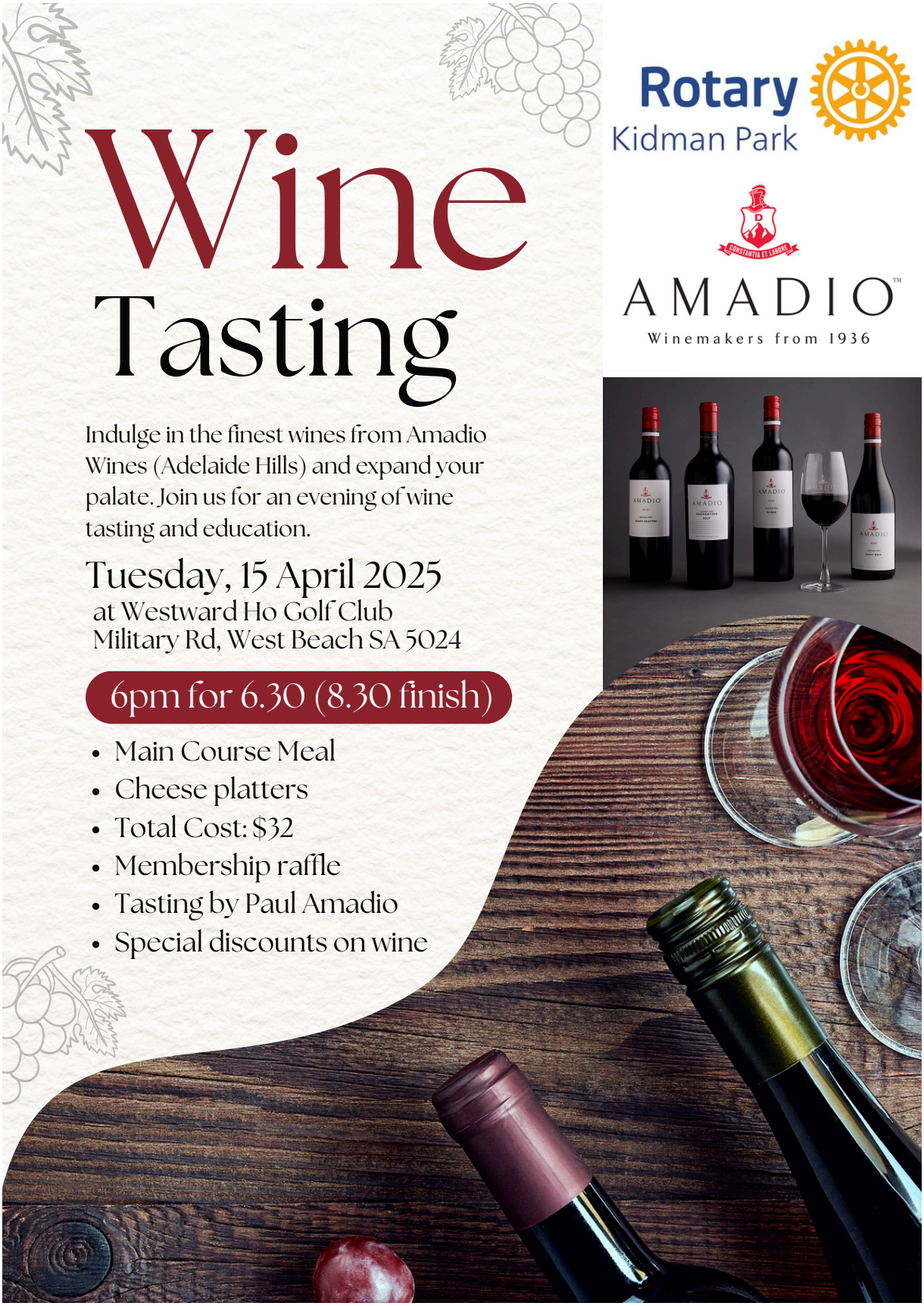
RYLA participant Heidi Rogers with Steve Redden

Heidi Rogers, a participant in the Rotary Youth Leadership Award program, expressed her heartfelt thanks to the Rotary Club of Kidman Park for their sponsorship, which enabled her to attend this enriching event. During the program, Heidi acquired valuable insights into different leadership styles by exploring the DISC Model, which enhanced her understanding of personal and interpersonal dynamics. Moreover, she was introduced to the PDSA (Plan-Do-Study-Act) cycle, a systematic method that fosters continuous improvement in various processes.

One highlight of the program was Heidi's involvement in the Networking Night sessions, where she actively practiced networking skills. These sessions played a critical role in boosting her confidence, allowing her to initiate conversations more comfortably and engage meaningfully with her community. This newfound confidence has empowered Heidi to approach social and professional interactions with greater ease and effectiveness.

Overall, Heidi shared that the RYLA experience has had a profound impact on her personal and professional growth. It has led her to become more deliberate and

thoughtful in both her thinking and actions, shaping her approach as a leader and community member. She looks forward to applying these skills and insights to future endeavours, making a positive impact in her surroundings.



Club News:

Rotary Kidman Park

Attached is the Flyer for our Amadio Wines Wine Tasting evening
Our Kevin Tiggemann will be circulating a Robin Robin at future Tuesday Meetings.
Amadio Wines are a valued Sponsor of KPR and have contributed 3 doz quality wines as gifts for our Guest Speaker over the next 12 months.
The Wine tasting event on Tuesday 15th April is intended for KPR Members, Partners and friends. We are also extending the Invitation to nearby Rotary Clubs. It will be a signature KPR event. All details are on the attached Flyer.

Amadio Wines have been a longstanding major Sponsor of Westward Ho.
They have been in business since 1936 and their wines are excellent quality.

Hi Kidman Parkers

Below is an email and link from Managing Director of Amadio Wines, Danniel Amadio, to enable a 20% discount on any purchases from our recently arranged Sponsors.
They are also the major Sponsor for our Venue of Westward Ho and hence our follow up with them. They are a longstanding (since 1936) and quality Winery as you will see and taste for yourself.
Our Board approved and signed a Sponsorship Agreement with Amadio Wines at our last Board Meeting. **The benefits for our KPR are of value around $800 per year.**
This will be in saved costs of the weekly gift to Guest Speakers of a quality bottle of wine of value around $22 per bottle.
This would cover us for a year of such gifts or for alternative KPR chosen uses of the Wine.

It is a **sole winery Sponsor arrangement**, so for KPR events and projects it is our commitment to Amadio Wines that we will use our Sponsors product.
As an example we have upcoming a special Wine Tasting event on a Tuesday Meeting evening on 15th April and Paul Amadio will guide us through the Winetasting. This will be a great opportunity for us all to taste several of their wines, and hence that will help to guide any buying decisions.
We are also keen to invite some other nearby Rotary Clubs for this signature occasion.

I have already gone online through the below link to register individually for the discount of 20%. The info required is simple and then activation is similarly simple.

Club News:

Rotary Kidman Park

Can I please request that we all support the KPR sponsor path and go online promptly to Register then activate. You can determine later whether you wish to individually
purchase any Amadio Wines. **The ideal time would be after the Winetasting event on 15th April when you have tasted 8 or so of their quality wines.**
I have also handled an online order via my credit card....the IT involved is quite simple and Ron Harris additionally is soon similarly placing an order.
A Tax Invoice/receipt is issued by email immediately, together with collection instructions. Usually that will be from their Head Office at 461 Payneham Rd, Felixstow but after the Winetasting,
we will look to arrange KPR deliveries direct to Westward Ho so they can be collected on a Tuesday evening.

I am happy to field any questions that you may have.
We will also be recognising Amadio Wines Sponsorship for KPR in our weekly Bulletin.

Cheers and thanks
Warren Hobbs

Please see below link to send to all members to sign up with , once they have signed in and joined through this link then after placing the order in the shopping cart before checking out it will automatically apply the 20% discount to all wine purchases . Any issues or questions please don't hesitate to contact Sebastien.

https://www.amadiowines.com/registration-for-kidman-park-rotary-club-members/

Kind Regards,

Danniel Amadio

Managing Director

Amadio Wines | Vineyards Kersbrook | Amadio Motorsport

Club News:

Rotary Kidman Park

Mystery Bus Tour - Thursday 13th March



Numbers are now finalised—pickup at Westward Ho Golf Club 9.00 am. Please park cars as far away as possible from the Golf entrance. Ie on the North side of the car park near the road. Return approx. 4.30pm.

It will be an exciting trip and great fellowship.

Cheers
David

David
David Simpson

0403384250

Club News:

Rotary Kidman Park



THE MULTI DISTRICT
IMPACT SUMMIT.

MORPHETTVILLE RACECOURSE,
SOUTH AUSTRALIA.
16TH – 18TH MAY 2025

Rotary District 9510 | Rotary District 9800

CONNECT.
SHARE.
LEARN.

Rotary Districts 9510 (SA, NSW, NT & Vic) and 9800 (Vic) are combining forces to present the Rotary Impact Summit giving Rotarians the opportunity to connect across more than just one district.

ENTER SITE

For more information, please check the district website.

rotary9510.org

MARCH



Rotary

TAKE ACTION: Join Rotary, Be a People of Action

WATER, SANITATION AND HYGIENE

Club News:

Rotary Kidman Park

🚌🍾🍷🍺 **SAVE THE DATE** 🎂⛳🍽️🎄

Rotary Club of Murray Bridge
2 person Ambrose Golf Competition
Thursday 3rd April - Shotgun start 8:45am
Cost $55pp - includes golf and a BBQ lunch.

Guess who's Coming to Dinner

Saturday 14th June, hosts required , please see Chris Hughes

Friday 2nd May - TAFE Dinner

Sunday October 12th
Coach Day Trip
"Secrets I have found"
Details to be advised.
Chris Branson

Sunday 14 Dec 2025
Christmas function
Glenelg golf club

Club News:

Rotary Kidman Park

Rotary

Club of Kidman Park

Networking Dinner Tuesday March 25, 6.00 for 6.30pm Start.
Westward Ho Golf Club Military Road West Beach

Speaker: Neil McFarlane



Topic: Climate Change Explained

Dr Neil McFarlane is the Director of Special Projects **Climate** in the Department for Environment and Water (DEW) based in Adelaide, South Australia. His knowledge and expertise in **climate** change, renewable energy and disaster risk management culminates into the core work of climate mitigation and adaptation for the Government of South Australia.

Previously he worked for the Green **Climate** Fund in the Republic of Korea as the Deputy Director and Adaptation Coordinator. He spent several years in the United Nations Office for Disaster Reduction in Geneva where he coordinated the international agreement on the *2015-2030 Sendai Framework for Disaster Risk Reduction*. He also spent one year in 2023-24 as the Senior Advisor on **Climate Change** to the Prime Minister of Fiji.

Dr McFarlane is an experienced executive overseeing policy and projects related to **climate**, emissions reduction and disaster risk management at local, national and international level. He holds a PhD in Development Economics from Deakin University.

This is an evening you should not miss!

**** Book early to avoid disappointment Only $27.00 - Includes Dinner ****

Payment on Arrival EFTPOS Or- EFT to RCKP BSB: 633.000 Acct # 152107249

Please RSVP by Friday March 21. Contact who Invited you OR : -

Email: businessaspire@live.com or Ph: 0438 500 244 Kevin Tiggemann

District News:

Rotary Kidman Park

RESILIENCE FIRST AID™ STARTER TRAINING

Rotary District 9510

Rotary Club of Elizabeth

Discover Connected Resilience with RFAST's transformative **3-hour workshop**, designed to equip you with essential tools and strategies for fostering mental well-being in yourself and others.

WHY ATTEND RESILIENCE FIRST AID STARTER TRAINING (**RFAST**)?

Delve into the evolving world of **mental health prevention** and learn how to create a supportive environment through **psychosocial hazard awareness**.

Join us to unlock your potential in promoting resilience and embark on a journey of personal growth and empowerment for the betterment of your community, workplace, and personal life.

Included in RFAST:

- **RFAST Participant Workbook** – Summary of the workshop content, space for notes, plus your own Active Strength analysis and personal Resilience Action Plan
- **Completion Certificate** – Useful for evidence of ongoing professional development marking 2 hours of attended training





Training Outcomes:

By participating in RFAST's workshop, you will:

- Develop an appreciation for mental health prevention strategies
- Understand the significance of supporting resilience in others
- Enhance your ability to recognise when someone needs resilience support
- Identify your strengths and create a resilience action plan

Curriculum Overview:

The RFAST workshop covers the following topics:

- The evolution of mental health towards prevention, emerging trends in therapies, and new approaches
- The importance of psychosocial hazard awareness and your role in promoting a healthy environment
- The concept of Connected Resilience and strategies for cultivating it
- The six resilience domains, including their highs, lows, and risk factor awareness
- Identifying your unique strengths and creating a tailored resilience action plan

RFAST Summary:

3-hour workshop Purpose:

- Preventative approach to mental health
- Develop a culture of resilience
- Psychosocial hazard awareness training
- Understand resilience & create an action plan

Open to anyone

Formats:

- Live - trainer led

Fees: **$20 Booking Fee**

All Inclusive

RFAST

Trainer(s): **David Moran & Graham Lucas**

Location: Munno Para West Uniting Church, 232 Curtis Road, Munno Para West SA 5115

Date & Times: 10th February, 2025 6:30 pm to 9:30 pm

TO BOOK - Email - admin@mentalhealthpartners.com.au or call 0402 749 850

Club News:

Rotary Kidman Park

As promised, I have attached the 3 flyers for our Rotary sessions on Mental Health First Aid.

2] **24th March Monday @ Elizabeth Vale Soccer Club, Mofflin Rd Elizabeth Vale**
3] 14th April Monday @ Angle Vale Sports Community Club, Fradd Rd Angle Vale

Cost $20pp
Time 6.30-9.30pm [3hrs duration]

We have spread them across Playford to allow easier access.
Please send them to anyone who you think might be interested.

Our Club appreciates your support.

Please contact me for further information required.

Regards
Shirley Halls
Director
Rotary Club of Elizabeth,
M 0419866872

Henley Beach Rotary Club presents:

An evening with a renowned King's Counsel – Mr Stephen Pallaras

📅 **Date: Wednesday 9th April 2025 (PLEASE NOTE DATE CHANGE)**
🕕 **Time:** 5:45 pm for a 6:00pm start
📍 **Venue:** The Bartley Hotel, West Lakes Shore

Meals and drinks available at the bar.

Everyone welcome. Don't miss this opportunity to gain insights and learn from an esteemed legal expert.

Please RSVP by Wed 2nd April 2025

📞 **Phone:** 0407 604 512

📧 **Email:** carterjm@senet.com.au

Mandy Carter
Co-President
Henley Beach Rotary Club

Club News

Rotary Kidman Park

REMINDERS

Upcoming Bunnings BBQ Dates
Saturday 19th April

Also: Jayco BBQ
Saturday 5th & Sunday 6th April
10am - 2:30pm



The Joker Draw

Steve Redden was the mini winner.
The JACKPOT is now approx. $1357



Peter Brown offering the wrong card to Steve Redden







"It's normal for a man your age to have chest pains when he drips hot, melted pizza cheese on his shirt."

Club News:

Rotary Kidman Park

Upcoming Events & Guest Speakers

Tuesday 11th March

Committees

Tuesday 25th March (date change)

Dr Neil McFarlane

Director of Special Projects Climate

Dept. for Environment and Water, SA

Tuesday 15th April

Paul Amadio

Amadio Wines - Wine Tasting

Meals On Wheels Roster:

Rotary Kidman Park

Meals on Wheels Contact

Grace Giles

Mobile: 0407 603 637

Charles Sturt Meals on Wheels is situated at the rear of

Festival Function Centre,
292 Findon Rd, Findon

Please be there by 10.50 AM

Wednesday Roster	**Friday Roster**
12th Mar Chris Hughes	14th Mar Jenny Filsell
19th Mar Peter Brown	21st Mar Rose Willington
26th Mar Shirley Roberts	28th Mar Brian Tucker

Notes:

- If for some reason you are unable to fulfill your roster please arrange to swap with another Member. Please do not contact the Bulletin Editor. It is not the Bulletin Editor's job to find a replacement.
- Dale Kentish is co-ordinating the Meals on Wheels Roster (replacing Bob Hudson)
- If you have a breakdown or accident the MOW volunteer will call a taxi and will continue on the remainder of the round and return to the kitchen afterwards. You are left to deal with your vehicle issues as you see fit.

Meeting Duty Rosters:

Rotary Kidman Park

Mar 11th	Mar 18th	Mar 25th	Apr 1st
Furniture Paul Denley Jenny Filsell	Furniture Dale Kentish Ed King	Furniture Mario McDonagh Peter Murton	Furniture Steve Redden Robert Ryan
Attendance Frank Bunnik	Attendance Frank Bunnik	Attendance Frank Bunnik	Attendance Frank Bunnik
Welcome Bob Hudson	Welcome Chris hughes	Welcome Janet Johnson	Welcome Shirley Roberts
Chairperson Karen Feind	Chairperson Ron Harris	Chairperson Karen Feind	Chairperson Ron Harris
Guest Speaker Intro Committees	Guest Speaker Intro	Guest Speaker Intro Rob Hughes	Guest Speaker Intro
Joker Draw Jenny Harris	Joker Draw Peter Johnson	Joker Draw Kevin Muillins	Joker Draw Ian Roberts

If for some reason you are unable to fulfill your roster please arrange to swap with another Member.
Please do not contact the Bulletin Editor - other than to advise you have swapped with someone.
It is not the Bulletin Editor's job to find a replacement.

marMember's Birthdays:
Ann Branson 19th Mar

Partner's Birthdays:
Louise Chapman 15th Mar

Wedding Anniversaries:
Shirley & Kevin Roberts 11th Mar

Membership Anniversaries

BookMart Roster:

Rotary Kidman Park

DAY	DATE	TIME	MEMBERS	VOLUNTEERS
Monday	10th Mar	10:00 - 12:30 12:30 - 03:00	Shirley Roberts, Ann Branson	Dawn Frank, Jeanie Reynolds Anne Nagy, Ros Jones
Tuesday	11th Mar	10:00 - 12:30 12:30 - 03:00	Chris Hughes, Paul Denley Rose Willington	Roland Eime Chris Frensch, Naomi Wallis
Thursday	13th Mar	10:00 - 12:30 12:30 - 03:00	Bob Hudson, Jenny Filsell Warren Hobbs	Barbara Kendrick, Cassandra Knowles Christine Iovino, Megan Kerr
Saturday	15th Mar	10:00 - 12:30 12:30 - 03:00	Janet Johnson, Jenny Harris Kevin Tiggemann, David Taylor	Darlene Green, Michelle N, Lorraine Paroissien, Lily Reynolds Naomi Wallis
Monday	17th Mar	10:00 - 12:30 12:30 - 03:00	Steve Redden	Chris Turner, Dawn Frank, Jeannie Reynolds Anne Nagy, Leah Roberts, Ros Jones
Tuesday	18th Mar	10:00 - 12:30 12:30 - 03:00	Rob Hughes John Jackson	Leonie Brunckhorst, Roland Eime Alison Duggan, Naomi Wallis
Thursday	20th Mar	10:00 - 12:30 12:30 - 03:00	Jenny Harris	Lyn Allpress, Barbara Kendrick, Ruth Shakes, Cassandra Knowles Don & Lee McCulloch, Christine Iovino
Saturday	22nd Mar	10:00 - 12:30 12:30 - 03:00	Karen Feind, Kel Burke Rose Willington, Dale Kentish	Darlene Green, Michelle N Naomi Wallis
Monday	24th Mar	10:00 - 12:30 12:30 - 03:00	Grant Price	Dawn Frank, Jeanie Reynolds, Cassandra Knowles Anne Nagy, Ros Jones
Tuesday	25th Mar	10:00 - 12:30 12:30 - 03:00	Clive Turner, Paul Denley John Jackson, Steve Redden	Don & Lee McCulloch, Roland Eime Naomi Wallis
Thursday	27th Mar	10:00 - 12:30 12:30 - 03:00	Robert Ryan, Kevin Mullins, Chris Weyland Paul Denley	- Christine Iovino, Barbara Kendrick
Saturday	29th Mar	10:00 - 12:30 12:30 - 03:00	Liz Foote, Megan Kerr Janet Johnson	Darlene Green, Michelle N, Lily Reynolds Naomi Wallis

Members Committee Allocation:

Rotary Kidman Park

Members Committee allocation 2024 - 2025

Name		Committee		Name		Committee
Wayne	**Comley**	**Administration**		Jenny	**Harris**	**Bookmart**
Robert	**Ryan**	**Administration**		Rose	**Willington**	**Bookmart**
Rob	**Chambers**	**Administration**		Liz	**Foote**	**Bookmart**
Karen	**Feind**	**Administration**		Janet	**Johnson**	**Bookmart**
Ron	**Harris**	**Administration**				
Peter	**Murton**	**Administration**		Chris	**Hughes**	**Fellowship**
Lauren	**Paradise**	**Admin** (Facebook)		Kel	**Burke**	**Fellowship**
				Peter	**Brown**	**Fellowship**
Warren	**Hobbs**	**Community**		Peter	**Farquhar**	**Fellowship**
Anne	**Branson**	**Community**		Ian	**Roberts**	**Fellowship**
Chris	**Branson**	**Community**		Shirley	**Roberts**	**Fellowship**
Dale	**Kentish**	**Community**		Kevin	**Roberts**	**Fellowship**
Stuart	**Ghent**	**Community**		David	**Simpson**	**Fellowship**
Kevin	**Mullins**	**Community**				
Barbara	**Wheatcroft**	**Community**		Kevin	**Tiggemann**	**Membership**
Chris	**Weyland**	**Community**		Jennifer	**Filsell**	**Membership**
Shiralee	**Wood**	**Community**		Mario	**McDonagh**	**Membership**
				David	**Taylor**	**Membership**
				Phil	**Ransome**	**Membership**
Rob	**Hughes**	**International**				
Frank	**Bunnik**	**International**		Steve	**Redden**	**Vocational/Youth**
Tom	**Bunnik**	**International**		John	**Christo**	**Vocational/Youth**
Paul	**Denley**	**International**		Bob	**Hudson**	**Vocational/Youth**
Ed	**King**	**International**		Grant	**Price**	**Vocational/Youth**
Peter	**Johnson**	**International**		Rob	**Stocker**	**Vocational/Youth**
Helen	**Kite**	**International**				
Brian	**Tucker**	**International**				