Rotary Kidman Park

Club Number: 22406

CREATE HOPE in the WORLD

THE KIDMAN KRIER

The official publication of the Rotary Club of Kidman Park Inc.

Website: kidmanparkrotary.org

Meetings: 6.30 peach Tuesday at the Westward Ho Golf Club, Military Rd, West Beach



The Kidman Park Rotary Club Board members 2023-2024

Rotary Kidman Park

Club Number: 22406

Website: kidmanparkrotary.org

Club Secretary: **Ed King**
Email: Edward.king3@bigpond.com

Co-Presidents:
Wayne Comley
Email: tr16038@bigpond.net.au
Rob Stocker
Email: holmwood2@icloud.com

Rotary International President:
Gordon R. McInally

District Governor 9510:
Craig Dowling
(Partner Kiki)

Area Governor:
Rajni Lalsinghani
(Somerton Park Rotary Club)

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CREATE HOPE in the WORLD

Apologies & Guests: Please advise Frank Bunnik
Mobile 0411 517 292
Email: marion-frank@bunnik.id.au
by 12.00 Noon Monday.

KPRC Facebook Moderator: Karen Feind
www.facebook.com/KidmanParkRotaryClub

Bulletin Editors (Temporary - whilst Robert Ryan is away):
Wayne Comley **Email:** tr16038@bigpond.net.au
Rob Stocker **Email:** holmwood2@icloud.com

Meeting No: 1948

17 October 2023

GUEST SPEAKER

Meeting Duties

Furniture:
Dale Kentish
Janet Johnson

Attendance:
Frank Bunnik

Chair:
Kevin Tiggemann

Welcome:
Bob Hudson

Joker Draw:
Jenny Harris

President's Report:

Rotary Kidman Park

WAYNE COMLEY and ROB STOCKER

10 September 2023:

We express our sincere thanks to Frank Bunnik who stepped in at very short notice to tell us about his recent experience at a wellness clinic in Bali (see report below).

Whilst thinking of guest speakers, if you are aware of someone whom you think would be an interesting speaker, please let Wayne, Kevin Tiggemann or me know ASAP.

28 November 2023 is scheduled for our annual AGM at which we decide on the team to lead us in the 2024-25 Rotary Year. Firstly we need to know who of the current Board Members intend to continue in their roles and secondly any members who are interested in taking on leadership positions for that year. Please advise current Board Members of your interest and perhaps be prepared to be asked!!

The condition and currency of our social media presence directly reflects on our reputation and standing in the community we serve. The RC Kidman Park FaceBook page is lagging somewhat and requires regular updating. It is not an onerous task but just something that needs to be kept current. We are seeking to set up a small team to share this responsibility. If you can help please let Wayne or me know ASAP.

Another great result from our Bunnings Airport BBQ commitment. Well done to the team!!

That's all folks

Cheers
Rob Stocker

Bunnings BBQ's

The teams that filled the shifts last Sunday obviously had a good time based on the emails exchanged afterwards; and they raised a record sum of money in the process.

On our regular Monday morning walk, Chris Branson took great pleasure in reminding me that I have expressed a view that doing Bunnings BBQ projects an image that Rotarians are old Fxxts who cook BBQs.

Wayne Comley



WINNER

Club News:

Rotary Kidman Park

GUEST SPEAKER

Guest Speaker Frank Bunnik gave a light-hearted but informative talk on his recent experiences at a wellness clinic in Bali. Frank and Marion were so impressed by the first 7 days at the clinic that, after a 9 day sojourn in Seminyak, they returned for another 9 days - a total of 16 days at the wellness clinic.

Frank's busy travel schedule early in the year means constant living out of a suitcase, staying in travel accommodation, and eating mainly restaurant type foods. This lifestyle had meant increased weight and a feeling of lethargy - the main reasons for seeking a restorative program to improve his health and well-being.

An assessment is conducted by two medical practitioners so that an individual-specific program can be developed. In addition to healthy food, there are opportunities to engage in therapeutic massage and yoga sessions each day as well as sauna treatments, even counselling sessions if required.

He spoke of how the first fews days of the detox process produced some "interesting" effects on his body. Lots of water and purely vegetarian food constituted the dietary program which he grew to like, so much so, that he has continued with that program now that he is back home.

His annual travel business cycle will repeat in early 2024, so he plans to return to the wellness clinic in June 2024 to undergo treatment that will reset his healthy lifestyle. Although Frank said he was not advocating (or selling) the idea, the many questions emerging suggested a strong interest from the members present



Our Guest a few weeks back was past
Rotary Exchange student Karina Kallis.
Pictured here with Warren & Helen Hobbs

Club News:

Rotary Kidman Park

THE FOUR-WAY TEST

OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERNED?



Upcoming Events & Guest Speakers

Sunday 15 October 2023
Fellowship Event:
Brunch at Mt Lofty Kiosk - 11.00 am

Tuesday 17 October 2023
Business Networking Event:
Speaker: To be advised.
Topic: To be advised.

Tuesday 24 October 2023
Speaker: Kim Farley
Topic: BackPacks for SA Kids.

Tuesday 31 October 2023
Speaker: To be advised.
Topic: To be advised

Friday 03 November 2023
Fundraising Event: **Bunning BBQ.**
Note Day & Time **11.00 am - 7.00 pm**

Tuesday 07 November 2023
Melbourne Cup **NO MEETING**

Tuesday 14 November 2023
Committees Meeting:

Tuesday 16 November 2023
BOARD MEETING

Saturday 18 November 2023
Fellowship Event: **Arts Theatre -**
Comedy called **Treasure Island.**
Meal beforehand at Wakefield Tavern

Tuesday 21 November 2023
BUSINESS NETWORKING MEETING
Leanne Bawden
Wildly Grounded Well Being

Member News:

Rotary Kidman Park

Member's Birthdays:

Jenny Clarke 15 October
Jenny Harris 16 October
Chris Branson 17 October
Liz Foote 24 October
Dale Kentish 24 October
Lauren Paradise 27 October

Partner's Birthdays:

Victoria Denley 22 October
Helen Hobbs 29 October
Sue Murton 30 October

Wedding Anniversaries:

David and Anne Simpson 29 October

Membership Anniversaries:

Lauren Paradise 18 October
Chris Weymland 23 October
Jenny Clarke 25 October
Janet Johnson 25 October
Liz Foote 26 October
Rose Willington 27 October
Frank Bunnik 28 October



The Joker Draw

The Ticket Draw on 10 October was won by

Steve Redden

who did not pick the Joker Card

Jackpot has risen to

$625.00

Meals On Wheels Roster

Rotary Kidman Park

Charles Sturt Meals on Wheels is situated at the rear of

Festival Function Centre,
292 Findon Rd,
Findon
Please be there by 10.50 AM

Meals on Wheels Contact
Grace Giles
Mobile: 0407 603 637

WEDNESDAY	FRIDAY
11 OCTOBER	**13 OCTOBER**
David Simpson (swapped)	Karen Feind
18 OCTOBER	**20 OCTOBER**
Peter Murton	Rose Willington
25 OCTOBER	**27 OCTOBER**
Peter Brown	Kel Burke
01 NOVEMBER	**03 NOVEMBER**

Notes:

- If for some reason you are unable to fulfil your roster please arrange to swap with another Member. Please do not contact the Bulletin Editor. It is not the Bulletin Editor's job to find a replacement.
- If you have a breakdown or accident the MOW volunteer will call a taxi and will continue on the remainder of the round and return to the kitchen afterwards. You are left to deal with your vehicle issues as you see fit.

Meeting Duty Rosters

Rotary Kidman Park

17 October	24 October	31 October	07 November
FURNITURE	**FURNITURE**	**FURNITURE**	**FURNITURE**
Janet Johnson Dale Kentish	Ken Eyles Kel Burke	Karen Feind (swapped)	NO MEETING MELBOURNE CUP
ATTENDANCE	**ATTENDANCE**	**ATTENDANCE**	**ATTENDANCE**
Frank Bunnik	Frank Bunnik	Frank Bunnik	
CHAIRPERSON	**CHAIRPERSON**	**CHAIRPERSON**	**CHAIRPERSON**
Kevin Tiggemann	Frank Bunnik	Tom Bunnik	
WELCOME	**WELCOME**	**WELCOME**	**WELCOME**
Bob Hudson	David Simpson	Peter Brown	
JOKER DRAW	**JOKER DRAW**	**JOKER DRAW**	**JOKER DRAW**
Jenny Harris	Kevin Mullins	Peter Murton	

If for some reason you are unable to fulfil your roster please arrange to swap with another Member.
Please do not contact the Bulletin Editor - other than to advise you have swapped with someone.
It is not the Bulletin Editor's job to find a replacement.

BookMart Roster

Rotary Kidman Park

DAY	DATE	TIME	MEMBERS	VOLUNTEERS
Saturday	14 Oct	10:00 - 12:30	Liz Foote, Megan Kerr	Darlene Green, Michelle N
		12:30 - 3:00	Janet Johnson, Jenny Harris	Alison Harris
Monday	16 Oct	10:00 - 12:30	Shirley Roberts, Ann Branson	Dawn Frank, Jeanie Reynolds
		12:30 - 3:00	-	Anne Nagy, Anne Simpson, Leah Roberts, Ros Jones
Tuesday	17 Oct	10:00 - 12:30	Chris Hughes	Eddi Chicco, Roland Eime
		12:30 - 3:00	Megan Kerr, Rose Willington	Chris French
Thursday	19 Oct	10:00 - 12:30	Ken Eyles, Bob Hudson	Alison Harris, Barbara Kendrick
		12:30 - 3:00	Rob Stocker	Christine Iovino
Saturday	21 Oct	10:00 - 12:30	Janet Johnson, Jenny Harris	Darlene Green, Michelle N
		12:30 - 3:00	Peter Farquhar, Peter Johnson	-
Monday	23 Oct	10:00 - 12:30	Chris Turner, Steve Redden	Dawn Frank, Jeanie Reynolds
		12:30 - 3:00	-	Anne Nagy, Anne Simpson, Leah Roberts, Ros Jones
Tuesday	24 Oct	10:00 - 12:30	Rob Hughes, Tom Bunnik	Leonie Brunckhorst, Roland Eime
		12:30 - 3:00	Tom Bunnik, John Jackson, Ron Harris	-
Thursday	26 Oct	10:00 - 12:30	Karen Feind, Jenny Harris	Lyn Allpress, Barbara Kendrick
		12:30 - 3:00	-	Don & Lee McCulloch, Christine Iovino
Saturday	28 Oct	10:00 - 12:30	Warren Hobbs, Kel Burke	Darlene Green, Michelle N
		12:30 - 3:00	Rose Willington, Dale Kentish	Alison Harris

District News:

Rotary Kidman Park



RARE

ROTARY AUSTRALIA REPURPOSING EQUIPMENT

FORMERLY DONATIONS IN KIND (DIK)

RAWCS CENTRAL OPEN DAY

RARE WORKING BEE

SUNDAY 19th November 2023

Follow the signs from Taranaki Road Edinburgh Parks

Start at 9:30am until Lunch starts at 12 noon.

BBQ lunch cooked by our District Governor Craig Dowling

RSVP to ***david.cockshell@gmail.com***

Rotary Australian Districts | RAWCS WE BACK 'DOING GOOD'

Caption

District News:

Rotary Kidman Park

D9510 CONFERENCE AT LOXTON from Fri 15th March to Sunday 17th March 2024

It will be PARTY TIME for all those getting along to the coming Conference!!!!

the dates for your calendar….arrive Fri arvo 15th March 2024 and the conference finishes at 2pm on Sunday 17th.

some great accommodation has been sourced for our KPR group attending. This is at the Berri Riverside Holiday Park. All the below accomm is held over and covers two nights stay and is in the same area in the Holiday Park. Berri is an easy 10-15 min car pool from Loxton where the conference is being held.
There is no available accomm in Loxton but our Berri accomm below is a far better option.
Three 3 Bedroom apartments (all ground floor) cost is $70 per person per night….each apt has a BBQ and a large living area. Also one single Bedroom Cabin cost is $145 per night.
Plus 3 Powered sites for those with caravans around $45 per night.

This is a fabulous Holiday Park. Check out the Park Site Map on
https://www.berriholidaypark.com.au
Then "About Us" then scroll down to "Park Site Map"
Affordable and currently available and held over for KPR for the next fortnight.
Please consider your desired accomm and Warren and Karen will handle follow up with the Venue for our Group. If you wish to have Share Room accomm then please let us know.
The bookings can be easily extended before or after the 15th and 16th if anyone chooses so.

The Conference is well organised and the Running Sheet and Speakers are outlined on the Conference Website
https://2024loxton.au
The Speakers and Program are impressive and has a special Riverland bent.
Most attendees will likely book for the General Sessions ($220pp) and the Sat night Gala Dinner ($60pp). Partners can choose to not Register for General Sessions if they are keener on the holiday away.
The Registration process is on the Website above and is a simple process.
See us if you want any assistance.

The Conference Chair expects that around 500 people will attend.
Adelaide to Loxton is 256km (around 2hr 46min)
We will ask the question at KPR meetings over the next 2 weeks as to which KPR Members and Partners are wishing to attend. We will regularly gather the interested group to keep them up to date with developments on the Conference. Anyone wishing to travel with others then please discuss that around.

If you prefer please email your interest in the Conference to
Warren.hobbs53@gmail.com or
kmlxena@gmail.com